



NEWSLETTER

Drug and Alcohol Testing Branch

Keeping Our Customers Connected

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Cannabidiol (CBD)

What is CBD?

The [National Institute on Drug Abuse](#) has educational information on [medical marijuana](#) including CBD.

More Reading on CBD

Brief History on CBD

In 2015, the [Drug Enforcement Administration eased requirements](#) for clinical trials on CBD. In 2018, the [Food and Drug Administration approved](#) a medication (Epidiolex) "for the treatment of seizures associated with two rare and severe forms of epilepsy" and also provided a [statement](#) by the Commissioner on marijuana research. The FDA approved medication (Epidiolex) is intended to treat childhood epilepsy.

Can a Federal Employee or Applicant use CBD?

Although Widely Available, Users Should Be Cautious

Federal drug testing will identify individuals who use substances with THC (Tetrahydrocannabinol). There are CBD manufacturers who claim their CBD products lack THC. However, because CBD production is unregulated, not all claims are accurate. There have been donors who have claimed to use CBD (without THC) that have come up positive for THC.

Additionally, "over the past several years, FDA has issued several [warning letters](#) to firms that market unapproved new drugs that allegedly contain cannabidiol (CBD)." FDA has [further information](#) on using marijuana to treat medical conditions.

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